

**SUN CITY HATHA YOGA CLUB – MAY 2024 CLASSES**

<http://hathayogaclub.org>

Sun day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p><b>1</b></p> <p>8:30 Yoga Mat/Marissa</p> <p>10:30 am Chair/Carlyn</p> <p>1 pm Chair/Marci</p>	<p><b>2</b></p> <p>10:00 am Yoga Mat/Carlyn</p> <p>1 pm Chair/Carlyn</p> <p>6 pm Yoga Mat/Kathryn</p>	<p><b>3</b></p> <p>8:30 am Yoga Mat/Kathryn</p> <p>10:00 Beginners Yoga Mat/Kathryn</p> <p>1 pm Chair/Marci</p> <p><b>2:45 Board Meeting</b></p>	<p><b>4</b></p> <p>10 am Yoga Mat/January</p>
<b>5</b>	<p><b>6</b></p> <p>8:30 am Yoga 1 Mat/Tracy</p> <p>1:00 pm Chair/Marci</p>	<p><b>7</b></p> <p>10 am Yoga Mat/Tracy</p>	<p><b>8</b></p> <p>8:30 Yoga Mat/Marissa</p> <p>10:30 am Chair/Carlyn</p> <p>1 pm Chair/Marci</p>	<p><b>9</b></p> <p>10:00 am Yoga Mat/Carlyn</p> <p>1 pm Chair/Carlyn</p> <p>6 pm Yoga Mat/Kathryn</p>	<p><b>10</b></p> <p>8:30 am Yoga Mat/Kathryn</p> <p>10:00 Beginners Yoga Mat/Kathryn</p> <p>1 pm Chair/Marci</p>	<p><b>11</b></p> <p>10 Yoga Mat/ January</p>
<b>12</b>	<p><b>13</b></p> <p>8:30 am Yoga 1 Mat/Tracy</p> <p>1:00 pm Chair/Marci</p>	<p><b>14</b></p> <p>10 am Yoga Mat/Tracy</p>	<p><b>15</b></p> <p>8:30 Yoga Mat/Marissa</p> <p>10:30 am Chair/Carlyn</p> <p>1 pm Chair/Marci</p>	<p><b>16</b></p> <p>10:00 am Yoga Mat/Carlyn</p> <p>1 pm Chair/Carlyn</p> <p>6 pm Yoga/Mat Kathryn</p>	<p><b>17</b></p> <p>8:30 am Yoga Mat/Kathryn</p> <p>10:00 Beginners Yoga Mat/Kathryn</p> <p>1 pm Chair/Marci</p>	<p><b>18</b></p> <p>10 Yoga Mat/January</p>
<b>19</b>	<p><b>20</b></p> <p>8:30 am Yoga 1 Mat/Tracy</p> <p>1:00 pm Chair/Marci</p>	<p><b>21</b></p> <p>10 am Yoga Mat/Tracy</p>	<p><b>22</b></p> <p>8:30 Yoga Mat/Marissa</p> <p>10:30 am Chair/Carlyn</p> <p>1 pm Chair/Marci</p>	<p><b>23</b></p> <p>10:00 am Yoga Mat/Carlyn</p> <p>1 pm Chair/Carlyn</p> <p>6 pm Yoga Mat/Kathryn</p>	<p><b>24</b></p> <p>8:30 am Yoga Mat/Kathryn</p> <p>10:00 Beginners Yoga Mat/Kathryn</p> <p>1 pm Chair/Marci</p>	<p><b>25</b></p> <p>10 Yoga Mat/January</p>
	<p><b>27</b></p> <p>8:30 am Yoga 1 Mat/Tracy</p> <p>1:00 pm Chair/Marci</p>	<p><b>28</b></p> <p>10 am Yoga Mat/Tracy</p>	<p><b>29</b></p> <p>8:30 Yoga Mat/Marissa</p> <p>10:30 am Chair/Carlyn</p> <p>1 pm Chair/Marci</p>	<p><b>30</b></p> <p>10:00 am Yoga Mat/Carlyn</p> <p>1 pm Chair/Carlyn</p> <p>6 pm Yoga Mat/Kathryn</p>	<p><b>31</b></p> <p>8:30 am Yoga Mat/Kathryn</p> <p>10:00 Beginners Yoga Mat/Kathryn</p> <p>1 pm Chair/Marci</p>	<p>Yellow = Substitute</p> <p>Rev: 4/15/24</p>

**Arrive 20 minutes early - Leave shoes at the door – Silence cell phones - No fragrances**